

SAFECERT TRAINING

by Rossendale Group

a LEEA accredited training centre



LIFTING & SLINGING

Course Title	Lifting & Slingsing 1-Day
Aimed at	All users of lifting equipment, lifting tackle, slings, shackles, eyebolts and hooks. The course can be tailored to suit the client's specific equipment and operations.
Objectives	<p>To provide the user of lifting equipment with the knowledge, skills and confidence to carry out lifting tasks in a safe manner.</p> <p>To provide the training legally required under - The Health & Safety at Work Act 1974 The Management of Health & Safety at Work Regs 1999 The Provision & Use of Work Equipment Regs 1998</p>
Duration	1 day
Location	Your site (subject to suitable facilities). This is preferred when training is tailored to client-specific equipment. Our training centres at – Ellesmere Port, Lincoln, West Midlands
Format	Lecture style with videos; use of sample equipment; discussion is encouraged.
Practical	Where possible and appropriate a practical demonstration of a lifting task is set up. Trainees carry out the lift under the supervision of the trainer.
Certification	Subject to passing a test at the end of the course, attendees are issued with a SafeCert certificate.

RD502 – SafeCert Training, Syllabus for 'Lifting & Slingsing' 1-Day Course

Rossendale Group Ellesmere Port., Portside North, Merseyton Road, Ellesmere Port, CH65 2HQ, UK
Rossendale Group Lincoln, Roman Way, Gateway Park, South Hykeham, Lincoln, LN6 9UH, UK
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SYLLABUS

Legal	Understanding PUWER, LOLER Health & Safety at Work Act 'Safe and suitable' Safe use information Operation planning Maintenance Inspection Marking Responsibilities
Loads	Estimating loads; centre of gravity; eccentric lifts; weight; volume; forces; uniform load and trigonometric method
Definitions	In-service inspection Lifting accessory Responsible person Thorough examination Safe Working Load (SWL) Working Load Limit (WLL) Factor of safety; mode factor
Equipment	Hooks Shackles Eyebolts Chain slings Wire rope slings and grips Web slings Roundslings Rigging screws and turnbuckles
Training	Trainees are taught about different types of equipment, markings, pre-use checks including when not to use, safe use including causes of accidents, colour codes and the effects of abrasion and sharp edges.



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