

Instructions for the Safe Use of Fall Arrest Safety Gear

The information in this leaflet should be passed to the user of the equipment

Important Safety Information



SAFE USE OF:

RETRACTABLE FALL ARRESTORS TO EN360.

Before Each Use:

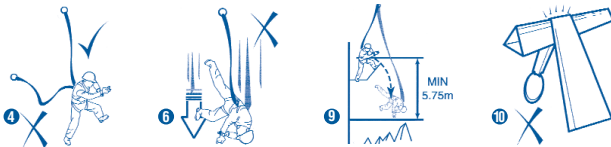
1. Check cable extends and retracts correctly and is free from damage or abrasion.
2. Pull cable firmly to check unit locks correctly.
3. Do not allow cable to retract at speed. Feed cable slowly into unit with a gloved hand.

During Use:

4. Fasten cable to harness front or rear 'D' connector.
5. Ensure that the Fall Arrest Unit is correctly attached to a suitable anchor in accordance with EN 795.
6. Ensure that there is adequate clearance below operator in the event of a fall.
7. Ensure the unit is used in a vertical plane or within 40° of the vertical at a maximum unless used with an approved anchorage device.

8. Store all equipment in a dry and dust free environment.
9. Service must only be performed by an accredited service agent.
10. Do not use any chemical cleaning agents.

- If the connector unit on a block indicates a fall has occurred, if the cable is worn or damaged, or any other part of the unit is considered worn – DO NOT USE. Return the unit for service immediately.
- The recommended service interval is 12 months from the date of first issue.
- If there is any doubt of the suitability of any PPE device – DO NOT USE.



SAFE USE OF:

WORK POSITIONING DEVICES TO EN358.

RESTRAINT BELTS TO EN359.

FULL BODY HARNESSSES TO EN361.

LANYARDS TO EN 354/355.

RESCUE HARNESSSES TO EN 1496/1497/1498.

Before Each Use:

1. Harnesses should be issued on a personal basis & all relevant information kept in the Record Card.
2. Visually inspect the condition of: webbing, stitch patterns and fittings.
 - If there is any abrasion, cuts, holes or burns to the webbing the item should be rejected.
 - If there is any corrosion, cracks, distortion or burs on the fittings the item should be rejected.
 - If there are any broken, worn, pulled, or unravelling stitches the item should be rejected.

During Use:

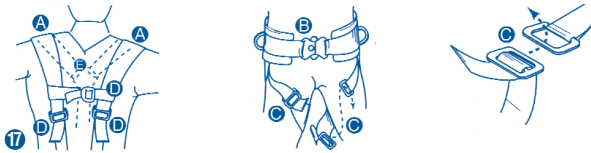
3. Use only safety lines or lanyards approved to the correct BS EN standards.
4. Anchor points should always be above the operator where possible and slack kept to a minimum.
5. Fall Protection devices should be attached via a suitable connector/karabiner to either the front or rear load bearing 'D' ring.
6. Work positioning devices should only be attached to side 'D' rings.

7. When using work positioning equipment the lanyard should be passed around the anchorage & fastened to separate attachments on the harness. The lanyard should be adjusted so that the fall is limited to 0.5m.
8. Ensure the anchor point is in accordance to EN 795.
9. Clearance below the operator should be a minimum of 5.75m for a 2m absorbing lanyard, this is the potential extension plus operator body length. If in doubt, seek advice.
10. Protect all equipment from sharp objects. Work Positioning lanyards should be passed around anchorages which do not have sharp edges.
11. Any type of Harness, Lanyard, or Work Positioning device should not be used in locations which have extremes of temperature & chemical contamination.
12. Certain chemical substances may reduce a products ability to perform, if in any doubt seek advice.
13. Store all equipment in a dry & dust free environment, away from direct sources of heat & light.
14. Cleaning: Certain substances may be removed with a diluted solution of cleaner & warm water, not to exceed 40°C. Dry naturally away from direct sources of heat.
15. Never modify or repair PPE equipment. If in any doubt – DO NOT USE.
16. Rescue Harnesses should only be used when un-hindered lifting is possible.

Instructions for the Safe Use of Fall Arrest Safety Gear cont.

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Important Safety Information



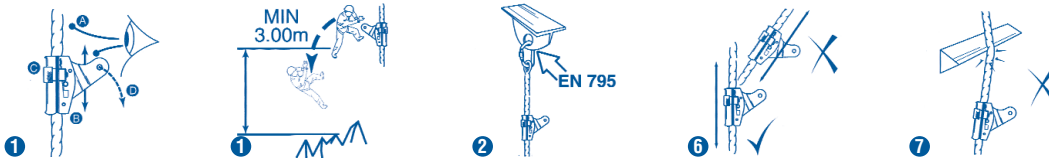
17. FITTING AND REMOVAL

Ensure all straps have not twisted.

- Lift harness by rear dorsal 'D' ring, pass arms through shoulder straps, as if putting on a jacket.
- If fitted with 2 side 'D' rings, tighten belt and ensure any loose webbing is secured.
- Pass each leg strap under legs and fasten to square link, tighten ensuring leg loops are not twisted and webbing merges forward.

- Tighten all straps according to comfort & secure loose webbing.
- Adjust dorsal 'D' to be between shoulder blades.
- To remove, reverse steps E to A.

- If subjected to a fall or if the device is worn or damaged, or any other part of the unit is considered worn – DO NOT USE. Return the unit for service immediately.
- The recommended service interval is 12 months from date of first use.
- If there is any doubt of the suitability of any PPE device – DO NOT USE.



SAFE USE OF:

GUIDED FALL ARRESTORS ON RIGID OR FLEXIBLE SAFETY LINES TO EN 353/1/2

Before Use:

- Make the Following checks:
 - Check the unit moves freely on the rope or rigid line.
 - Check the unit locks onto the rope or rigid line.
 - Check there is adequate clearance in the event of a fall. Allow at least 3m.
- Ensure the anchor point is in accordance with EN 795
- Attach the device to a front or rear 'D' connector on a suitable harness.
- Ensure the safety lines are correctly installed and regularly maintained.
- Ensure that the devices are only used with components approved to the correct BS EN standards.
- Ensure the unit is used in a vertical plane only.
- Ensure that the textile rope is clear of any sharp objects.
- Ensure that all devices are positioned so that their progress is not hindered in any way.
- Certain chemical substances may reduce this products ability to perform, if in any doubt consult supplier.
- Moving parts on Fall Arrestors can be cleaned with water not exceeding 40°C. Dry naturally away from any direct source of heat, and lubricate with a silicone based product. For more details contact manufacturer or supplier.

- Store all portable equipment in a dry and dust free environment, away from direct sources of heat and light.
- Service must only be performed by an accredited service agent.
- Use only after proper training from an accredited trainer.
 - If unit or rope shows any sign of deformation or wear they should be removed from service.
 - The recommended service interval is 12 months from date of first issue.

SAFE USE OF:

DESCENT DEVICES TO EN 341 MAN RIDING WINCHES TO EN 1496

- Ensure device is connected to EN 795 approved anchorage.
- Inspect cable/rope for cuts, abrasions and kinks.
- Check braking mechanism to ensure correct operation.
- Check raising / lowering mechanism.
- Inspect connector and ensure it is operating correctly.
- Ensure device is inspected and certified annually.
- Do not exceed safe working load stated on product label.
- Do not use for any purpose other than man riding or for material handling within approved limits.
- During use avoid cable abrasion over sharp edges.
 - If in any doubt consult manufacturer.